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# IMPACT OF AIP AND $G\alpha_{i-2}$ PROTEINS ON CLINICAL FEATURES OF SPORADIC GH-SECRETING PITUITARY ADENOMAS

## Introduction

In sporadic acromegaly, downregulation of AIP protein of the adenomas associates with invasive tumour features and reduced response to somatostatin analogue treatment. AIP is a regulator of  $G\alpha_i$  signaling, but it is not known how the biological function of the  $G\alpha_i$  pathway is controlled.

## Aim

To study somatic *GNAS* and AIP mutation status, AIP and  $G\alpha_{i-2}$  protein expressions, Ki67 proliferation indices, and clinical parameters in patients having primary surgery because of acromegaly at a single centre between years 2000-2010.

## Results

Sixty patients (F/M 31/29, mean age 49 (median 50), mean follow-up 7.7 (range 0.6-14.0) yrs) underwent primary surgery. Of the 60 adenoma specimens, four (6.8%) harboured an AIP and 21 (35%) an activating *GNAS* (*Gsp+*) mutation. All adenomas stained positive for  $G\alpha_{i-2}$ , and 55/56 AIP mutation negative adenomas stained positive for AIP protein. Altogether 13/56 (23%) adenomas had low AIP protein levels, and 14/56 (25%) low  $G\alpha_{i-2}$  staining. A regression model including  $G\alpha_{i-2}$ , Ki 67 proliferation indices and GH (measured three months after surgery), best explained the variance in the AIP protein level ( $p=6.03 \times 10^{-9}$ ). The majority (43%) was explained by  $G\alpha_{i-2}$  level only. *Gsp+* status was not related to AIP or  $G\alpha_{i-2}$  protein levels, but associated with lower KNOSP grade ( $p=0.0018$ ,  $r=0.332$ ), tumours restricted to the sella ( $p=0.026$ ,  $r=0.320$ ), and higher preoperative prolactin concentrations ( $p=0.017$ ,  $r=0.032$ ). However, the associations were not significant after correction for multiple testing.

**Table 1.** Comparison between patients treated by primary surgery only and patients with multimodal treatment

|   | Total, n | Primary surgery only (n=37) | Primary surgery + any other treatment modality (n=20) | ES    | p value               | Sg | q                     |
|---|----------|-----------------------------|---|-------|-----------------------|----|-----------------------|
| Gender, F/M, n                                | 53       | 18/18                       | 9/8   | 0.027 | 1                     | NS | 1                     |
| Mean age at diagnosis, years                  | 53       | 51.4                        | 47.8  | 0.110 | 0.433                 | NS | 0.874                 |
| Mean preoperative GH, ug/l                    | 53       | 42.7                        | 129.8   | 0.538 | $3.76 \times 10^{-5}$ | ** | 0.001                 |
| Preoperative IGF-1, %ULN/100                  | 50       | 2.1                         | 2.4   | 0.122 | 0.395                 | NS | 0.874                 |
| Size (micro vs. macro)                        | 53       | 5/31                        | 2/15  | 0.029 | 1                     | NS | 1                     |
| KNOSP grade > 2, n (%)                        | 53       | 4 (11.1)                    | 8 (47.1)  | 0.397 | <b>0.006</b>          | ** | 0.043                 |
| Somatic <i>GNAS</i> mutation, n (%)           | 53       | 16 (44.4%)                  | 4 (23.5)  | 0.199 | 0.225                 | NS | 0.783                 |
| $G\alpha_{i-2}$ protein level 3 or < 3, n (%) | 53       | 10 (27.8)                   | 5 (29.4)  | 0.017 | 1                     | NS | 1                     |
| AIP protein level 3 or < 3, n (%)             | 53       | 7 (19.4)                    | 5 (29.4)  | 0.110 | 0.490                 | NS | 0.877                 |
| Mean Ki-67 proliferation index, < 1-6         | 51       | 1.6                         | 1.6   | 0.029 | 0.839                 | NS | 1                     |
| Mean 3-month postoperative GH, ug/l           | 52       | 3.4                         | 22.3  | 0.632 | $7.53 \times 10^{-7}$ | ** | $3.19 \times 10^{-5}$ |
| Mean 3-month postoperative IGF-1, %ULN/100    | 50       | 0.54                        | 1.44  | 0.593 | $7.28 \times 10^{-6}$ | ** | $1.32 \times 10^{-4}$ |
| In remission at last follow-up visit, %       | 52       | 97.1                        | 64.7  | 0.441 | <b>0.003</b>          | ** | 0.029                 |
| Mean follow-up time, yrs                      | 52       | 7.1                         | 8.8   | 0.280 | <b>0.044</b>          | *  | 0.231                 |

**Table 2:** Clinical characteristics in 60 sporadic somatotroph adenomas according to tumour type

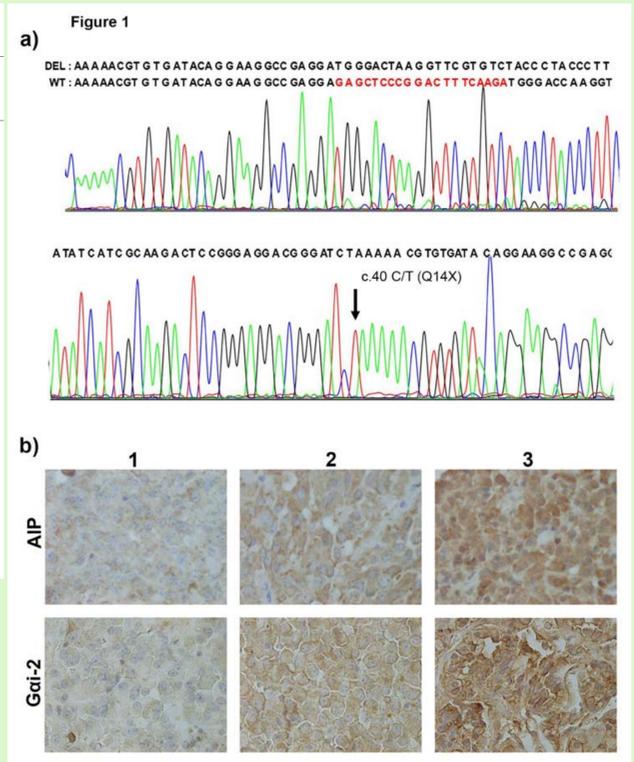
|  | AIP mutation positive (n=4, 6.7%) | <i>GNAS</i> mutation positive (n=21, 35.0%) | Wildtype (n=35, 58.3%) |
|--|-----------------------------------|---|------------------------|
| <b>Demographics</b>                          |                                   |   |                        |
| Gender, M/F (n)                              | 3/1                               | 8/13  | 18/17                  |
| Mean age at diagnosis, years (SD)            | 31 (10)                           | 52 (15)                                     | 49 (11)                |
| Mean follow-up time, years (SD)*             | 11 (4)                            | 7 (3)                                       | 8 (3), 2 missing       |
| <b>Tumor characteristics</b>                 |                                   |   |                        |
| Tumor size, micro/macro (%)                  | 0/100                             | 10/90                                       | 14/86                  |
| Suprasellar extension, n (%)                 | 3 (75)                            | 6 (29)                                      | 21 (60), 1 missing     |
| KNOSP grade 2 or above, n (%)                | 3 (75)                            | 5 (24)                                      | 18 (52), 2 missing     |
| Ki-67 < 3%, n (%)                            | 3 (75), 1 missing                 | 15 (71), 1 missing                          | 29 (83), 1 missing     |
| <b>Biochemical measurements at diagnosis</b> |                                   |   |                        |
| Mean GH at diagnosis, ug/l (SD)              | 44 (36)                           | 56 (62), 14 missing                         | 75 (85)                |
| Mean IGF-1 at diagnosis, x ULN (SD)          | 1.9 (0.9)                         | 2.5 (1.3)                                   | 2.1 (1.1), 3 missing   |
| Mean PRL at diagnosis, mU/l (SD)             | 12000 (24000)                     | 2900 (9500)                                 | 320 (290)              |
| Hypopituitarism at diagnosis, n (%)          | 2 (50)                            | 9 (43)                                      | 15 (43)                |
| <b>Treatment</b>                             |                                   |   |                        |
| Reoperation, n (%)                           | 1 (25)                            | 1 (5)                                       | 4 (11)                 |
| Radiotherapy, n (%)                          | 1 (25)                            | 1 (5)                                       | 4 (11)                 |
| Suppressive medical therapy, n (%)           | 3 (75)                            | 4 (19), 1 missing                           | 13 (37), 3 missing     |
| Somatostatin analogue, n (%)                 | 1 (25)                            | 4 (19), 1 missing                           | 12 (34), 3 missing     |
| Cabergoline, n (%)                           | 3 (75)                            | 2 (10), 1 missing                           | 5 (14), 3 missing      |
| Pegvisomant, n (%)                           | 0 (0)                             | 1 (5), 1 missing                            | 2 (6), 3 missing       |
| <b>Preoperative medical treatment</b>        |                                   |   |                        |
| SSA, n (%)                                   | 0 (0)                             | 1 (5)                                       | 4 (11)                 |
| Cabergoline, n (%)                           | 0 (0)                             | 3 (14)                                      | 0 (0)                  |

\*time between diagnostic MRI and last clinical follow-up visit

**Table 3:** Linear regression model of AIP protein expression level. For each predictor ( $G\alpha_{i-2}$  level, Ki-67 and three-month postoperative GH concentration), coefficient (b), standard error (SE), t statistic, p-value and 95% confidence intervals are reported. The constant term b0 of the regression model  $y=b_0+\sum b_i x_i + \epsilon$  denoted by (Constant). Statistically significant with \* $p<0.05$  and \*\*\* $p<0.001$ .

| Variable        | b      | SE    | t     | p                     | CI lower | CI upper |
|-----------------|--------|-------|-------|-----------------------|----------|----------|
| (Constant)      | 0.39   | 0.10  | 3.92  | $2.81 \times 10^{-4}$ | 0.19     | 0.59     |
| $G\alpha_{i-2}$ | 0.68   | 0.09  | 7.33  | $2.33 \times 10^{-9}$ | 0.49     | 0.86     |
| Ki-67           | -0.06  | 0.03  | -2.12 | <b>0.04*</b>          | -0.13    | 0.00     |
| Three-month GH  | -0.003 | 0.002 | -1.07 | 0.29                  | -0.01    | 0.00     |

n=52, degrees of freedom df=48, adjusted R<sup>2</sup>=0.55, F=21.4, BIC=26.1,  $p=6.03 \times 10^{-9}$ \*\*\*



**Figure 1. a)** AIP exon 1 mutations found in sequenced somatotropinomas; a short out-of-the-frame c.70>89delGAGCTCCCGGACTTTCAAGA deletion (upper panel) and a Finnish Q14X nonsense mutation (lower panel) with LOH. In upper panel is shown the wild-type (WT) and the mutant allele sequences. The deleted region is colored red in the WT sequence. The exact deletion breaking points were confirmed by sequencing the amplicon in both directions. **b)** Immunostainings for AIP and  $G\alpha_{i-2}$  proteins in sporadic somatotropinomas. The upper panel shows a diffuse cytoplasmic AIP immunoreactions and the lower panel cytoplasmic/membranous  $G\alpha_{i-2}$  stainings in corresponding pituitary tumours. 1= weak, 2=moderate and 3= strong immunoreaction intensity.

## Conclusions

We demonstrate, for the first time, that AIP protein expression associates with  $G\alpha_{i-2}$  protein intensities in sporadic somatotropinomas. This may indicate a synergetic effect on somatostatin signaling. Low AIP protein levels associate with higher proliferation activity and higher postoperative serum GH, indicating more aggressive adenomas. The AIP mutation rate of 6.8% is fairly high and probably reflects the genetic composition of the Finnish population.

